

AMENDED IN ASSEMBLY APRIL 14, 2009

CALIFORNIA LEGISLATURE—2009—10 REGULAR SESSION

ASSEMBLY BILL

No. 533

Introduced by Assembly Member Hayashi

February 25, 2009

An act to amend Sections 35179.1 and 49032 of the Education Code, relating to training for high school coaches.

LEGISLATIVE COUNSEL'S DIGEST

AB 533, as amended, Hayashi. Training for high school coaches.

(1) Existing law states the intent of the Legislature to establish a California High School Coaching Education and Training Program to be administered by local school districts and *to emphasize, among other things, training and certification in CPR and first aid.* Existing law requires each high school sports coach to complete a coaching education program developed by his or her school district or the California Interscholastic Federation that meets specified guidelines. Existing law makes a high school sports coach responsible for the costs of taking the prescribed course.

This bill, commencing December 31, 2010, would require ~~each high school sports coach to complete a coaching education program that includes training in recognizing and managing the signs and symptoms of all coaches taking or renewing first aid certification to take training that includes a basic understanding of the signs, symptoms, and appropriate emergency action steps regarding~~ potentially catastrophic injuries, including but not limited to: head and neck injuries, concussions, ~~second~~ 2nd impact syndrome, asthma attacks, heatstroke, and cardiac arrest; ~~emergency action planning; and communicating effectively with 911 emergency services.~~ By requiring high school

coaches to complete this additional training, the bill would impose a state-mandated local program.

(2) The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that, if the Commission on State Mandates determines that the bill contains costs mandated by the state, reimbursement for those costs shall be made pursuant to these statutory provisions.

Vote: majority. Appropriation: no. Fiscal committee: yes.
State-mandated local program: yes.

The people of the State of California do enact as follows:

1 SECTION 1. Section 35179.1 of the Education Code is
2 amended to read:

3 35179.1. (a) This section shall be known and may be cited as
4 the 1998 California High School Coaching Education and Training
5 Program.

6 (b) The Legislature finds and declares all of the following:

7 (1) The exploding demand in girls athletics and an increase in
8 the number of pupils participating in both boys and girls athletics
9 are causing an increase in the number of coaches needed statewide.

10 (2) Well-trained coaches are vital to the success of the
11 experience of a pupil in sports and interscholastic athletic activities.

12 (3) Improvement in coaching is a primary need identified by
13 hundreds of principals, superintendents, and school board members
14 who participated in the development of a strategic plan for the
15 California Interscholastic Federation (CIF) in 1993 and 1994.

16 (4) There are many concerns about safety, training, organization,
17 philosophy, communications, and general management in coaching
18 that need to be addressed.

19 (5) It is a conservative estimate that at least 25,000 coaches
20 annually need training and an orientation just to meet current
21 coaching regulations contained in Title 5 of the California Code
22 of Regulations, including basic safety and CPR requirements.

23 (6) School districts, in conjunction with the California
24 Interscholastic Federation, have taken the initial first steps toward
25 building a statewide coaching education program by assembling
26 a faculty of statewide trainers composed of school district

1 administrators, coaches, and athletic directors using a national
2 program being used in several states.

3 (7) Concussions are a serious and growing public health issue
4 for athletes involved in contact sports.

5 (8) ~~Mild concussions~~ Concussions can be difficult to detect and,
6 along with ~~more~~ other serious head injuries, can have long-term
7 effects, including *suicide, depression, memory loss, sleep*
8 *disorders*, impairments in attention, and motor deficits. *The effects*
9 *of these injuries, while not all preventable, can be mitigated by*
10 *prompt recognition and appropriate response.*

11 (9) The competitive interscholastic athletic culture of playing
12 through pain or “toughing it out” can put athletes at serious risk.

13 (10) Concussions have a cumulative effect. Allowing an athlete
14 to return to play too early after a concussion increases the chance
15 of more serious brain injury. A ~~second~~ concussion ~~that follows~~
16 ~~shortly after an initial one~~ can cause rapid brain swelling that can
17 result in coma or even death.

18 (11) Awareness about the prevention, identification, and
19 treatment of concussions among coaches, athletes, and parents of
20 athletes is currently lacking.

21 (c) It is, therefore, the intent of the Legislature to establish a
22 California High School Coaching Education and Training Program.
23 It is the intent of the Legislature that the program be administered
24 by local school districts and emphasize the following components:

25 (1) Development of coaching philosophies consistent with the
26 goals of the school, school district, and governing board of the
27 school district.

28 (2) Sport psychology: emphasizing communication,
29 reinforcement of the efforts of young people, effective delivery of
30 coaching regarding technique, and motivation of the pupil athlete.

31 (3) Sport pedagogy: how young athletes learn, and how to teach
32 sport skills.

33 (4) Sport physiology: principles of training, fitness for sport,
34 development of a training program, nutrition for athletes, and the
35 harmful effects associated with the use of steroids and
36 performance-enhancing dietary supplements by adolescents.

37 (5) Sport management: team management, risk management,
38 and working within the context of an entire school program.

39 ~~(6) Training in all of the following areas:~~

40 ~~(A) Certification in CPR.~~

1 ~~(B) First aid.~~

2 ~~(C) Recognizing and managing the signs and symptoms of~~

3 ~~(6) Training provided by the American Red Cross, the American~~
4 ~~Heart Association, or another organization that provides equivalent~~
5 ~~training and certification in all of the following areas:~~

6 ~~(A) Valid and current certification in CPR.~~

7 ~~(B) Valid and current certification in first aid that includes a~~
8 ~~basic understanding of the signs, symptoms, and appropriate~~
9 ~~emergency action steps regarding potentially catastrophic injuries,~~
10 ~~including, but not limited to, head and neck injuries, concussions,~~
11 ~~second impact syndrome, asthma attacks, heatstroke, and cardiac~~
12 ~~arrest.~~

13 ~~(D)~~

14 (C) Emergency action planning.

15 ~~(E)~~

16 (D) Communicating effectively with 911 emergency services.

17 (7) Knowledge of, and adherence to, statewide rules and
18 regulations, as well as school regulations including, but not
19 necessarily limited to, eligibility, gender equity, and discrimination.

20 (8) Sound planning and goal setting.

21 (d) This section does not endorse a particular coaching education
22 or training program.

23 SEC. 2. Section 49032 of the Education Code is amended to
24 read:

25 49032. (a) (1) Effective December 31, 2008, each high school
26 sports coach shall have completed a coaching education program
27 developed by his or her school district or the California
28 Interscholastic Federation that meets the guidelines set forth in
29 Section 35179.1. Commencing on December 31, 2010, ~~each high~~
30 ~~school sports coach shall have completed a coaching education~~
31 ~~program developed by his or her school district or the California~~
32 ~~Interscholastic Federation that meets the guidelines set forth in all~~
33 ~~coaches taking or renewing their first aid certification shall meet~~
34 ~~the guidelines set forth in paragraph (6) of subdivision (b) of~~
35 Section 35179.1, as that section is amended during the first year
36 of the 2009–10 Regular Session.

37 (2) The coaching education program described by paragraph
38 (1) may be taught by an athletic director or high school sports
39 coach who is deemed to be qualified by the California
40 Interscholastic Federation.

1 (b) Upon completion of the program, a high school sports coach
2 shall be deemed to have completed the education requirement for
3 the remainder of his or her time coaching at the high school level
4 in any school district in the state.

5 (c) Each high school sports coach shall be responsible for the
6 costs of taking the course.

7 (d) The training requirements of this section shall count toward
8 the continuing education required for the renewal of the teaching
9 credential of a coach who is also a certificated employee.

10 (e) Notwithstanding subdivision (a), a high school sports coach
11 who does not meet the requirements of subdivision (a) may be
12 used for no longer than one season of interscholastic competition.

13 (f) For the purposes of this section, “high school sports coach”
14 means an employee or a volunteer who is authorized by a high
15 school to be responsible for leading a school sports team of pupil
16 athletes.

17 SEC. 3. If the Commission on State Mandates determines that
18 this act contains costs mandated by the state, reimbursement to
19 local agencies and school districts for those costs shall be made
20 pursuant to Part 7 (commencing with Section 17500) of Division
21 4 of Title 2 of the Government Code.